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**Hot Springs, AR 71901**  
**501-318-1337**

**CONFIDENTIAL CLIENT INFORMATION**

Client Name: \_\_\_\_\_ Date \_\_\_\_\_

Home Address: \_\_\_\_\_

City, State, Zip Code \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

May we telephone you at work if necessary? Yes \_\_\_\_\_ No \_\_\_\_\_

What is the preferred phone number to contact you? Work \_\_\_\_\_ Home \_\_\_\_\_ Cell \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Gender(M/F) \_\_\_\_\_

**Important Contact Information**

If we need to contact you, can we contact you using the above information? Yes \_\_\_\_\_ No \_\_\_\_\_

Please provide information on who we can contact in case of emergency:

Contact person's name	Relationship to client	Phone number
( )		

**Minor Client**

Relationship of client to responsible party \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, and Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

## **Marital Status**

\_\_\_\_\_ Single  
\_\_\_\_\_ Married for \_\_\_\_\_ years. I have been married \_\_\_\_\_ times  
\_\_\_\_\_ Divorced for \_\_\_\_\_ years after a marriage of \_\_\_\_\_ years.  
\_\_\_\_\_ Separated for \_\_\_\_\_ years after a marriage of \_\_\_\_\_ years.  
\_\_\_\_\_ Widowed for \_\_\_\_\_ years after a marriage of \_\_\_\_\_ years.

Please rate your current marriage satisfaction (1-10 scale): \_\_\_\_\_

Please explain your rating: \_\_\_\_\_

\_\_\_\_\_

Name of spouse, if currently married \_\_\_\_\_

Spouse's Occupation \_\_\_\_\_

First names and ages of children, if any \_\_\_\_\_

\_\_\_\_\_

## **Education and Occupation:**

Current Student? Yes \_\_\_\_\_ No \_\_\_\_\_ If so, where? \_\_\_\_\_

Highest degree or year of Schooling obtained, and major: \_\_\_\_\_

\_\_\_\_\_

Current Occupation: \_\_\_\_\_ Are you happy with work? Yes \_\_\_\_\_ No \_\_\_\_\_

If you answered "No" please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### **Other Information:**

What is your primary personal support system? Check all that apply.

- |                                       |  |
|---------------------------------------|--|
| <input type="checkbox"/> Spouse       | <input type="checkbox"/> Family                    |
| <input type="checkbox"/> Church       | <input type="checkbox"/> Pastor or Priest          |
| <input type="checkbox"/> Close Friend | <input type="checkbox"/> Support or Recovery Group |
| <input type="checkbox"/> God          | <input type="checkbox"/> Other _____               |

Do you have a religious affiliation? Yes \_\_\_\_\_ No \_\_\_\_\_

If so, what church or denomination \_\_\_\_\_

How often do you attend? Never \_\_\_\_\_ Seldom \_\_\_\_\_ Sometimes \_\_\_\_\_ Regularly \_\_\_\_\_

If you are a member of a church, please state its name \_\_\_\_\_

How do you feel about God in your life? \_\_\_\_\_

### **Current areas of concern: (please check items applicable to you.)**

- |   |  |  |   |
|---|--|--|---|
| <input type="checkbox"/> Marital Conflict             | <input type="checkbox"/> Substance Abuse   | <input type="checkbox"/> Physical/Sexual Abuse | <input type="checkbox"/> Spiritual concerns |
| <input type="checkbox"/> Financial Stress             | <input type="checkbox"/> Eating Disorder   | <input type="checkbox"/> Depression            | <input type="checkbox"/> Chronic Health     |
| <input type="checkbox"/> Parent/Child                 | <input type="checkbox"/> Sexual Addictions | <input type="checkbox"/> Anxiety/Panic         | <input type="checkbox"/> Grief/Loss         |
| <input type="checkbox"/> Other—(describe below) _____ |  |  |   |

### **Please check any of the following that you have experienced in the last month:**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Depressed Mood  | <input type="checkbox"/> Difficulty Breathing    | <input type="checkbox"/> Difficulty Concentrating      |
| <input type="checkbox"/> Irritability    | <input type="checkbox"/> Disturbing Thoughts     | <input type="checkbox"/> Restlessness                  |
| <input type="checkbox"/> Anger Outbursts | <input type="checkbox"/> Reduced Appetite        | <input type="checkbox"/> Nightmares                    |
| <input type="checkbox"/> Insomnia        | <input type="checkbox"/> Loss of Interest        | <input type="checkbox"/> Dizziness                     |
| <input type="checkbox"/> Excessive Worry | <input type="checkbox"/> Suicidal Thoughts       | <input type="checkbox"/> Difficulty Making Decisions   |
| <input type="checkbox"/> Fatigue         | <input type="checkbox"/> Lack of Productivity    | <input type="checkbox"/> Excessive Fears               |
| <input type="checkbox"/> Guilt           | <input type="checkbox"/> Increased Heart Rate    | <input type="checkbox"/> Doing Something Over and Over |
| <input type="checkbox"/> Extreme Sadness | <input type="checkbox"/> Uncharacteristic Crying | <input type="checkbox"/> Weight Gain/Weight Loss       |

Other symptoms or concerns: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### **Medical and Health**

Have you ever been under the care of a psychiatrist, psychologist or other counselor?

Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please briefly explain the nature of the problem, the diagnosis (if you know) and its duration:

\_\_\_\_\_

\_\_\_\_\_

Any current medical problems that are relevant to your counseling appointment? \_\_\_\_ Yes \_\_\_\_ No

If you marked “Yes”, please explain: \_\_\_\_\_

\_\_\_\_\_

Either now or in the past, have you ever had an addiction to something? \_\_\_\_ Yes \_\_\_\_ No

If “Yes” please explain/describe: \_\_\_\_\_

\_\_\_\_\_

Have you ever seriously considered or attempted suicide? \_\_\_\_ Yes \_\_\_\_ No

If “Yes” please explain: \_\_\_\_\_

\_\_\_\_\_

Are you currently considering harming yourself? \_\_\_\_ Yes \_\_\_\_ No

If “Yes” please explain/describe: \_\_\_\_\_

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Contact information for your medical doctor (For emergencies only. I will not contact without your permission and a signed Release of Information)

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

**Medications**

Please list current medications: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Current Desires and Goals for Counseling:**

What do you see as the chief problem you would like to resolve with the help of a counselor?

\_\_\_\_\_  
\_\_\_\_\_

Why did you choose to seek counseling at this time? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

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Do you have any concerns or questions regarding counseling? \_\_\_\_\_

\_\_\_\_\_

Were you referred to me? Yes\_\_ No\_\_ If so, by whom?\_\_\_\_\_

**Insurance Information**

Name as listed on Policy: \_\_\_\_\_

Primary Insurance Company: \_\_\_\_\_

Member ID#\_\_\_\_\_ Group ID#\_\_\_\_\_

Secondary Insurance (if applicable): \_\_\_\_\_

Member ID#\_\_\_\_\_ Group ID# \_\_\_\_\_

**Drivers License**

Name on DL: \_\_\_\_\_

DL number: \_\_\_\_\_

State issued: \_\_\_\_\_

I will make a copy of your DL to keep in your client file at our first session.

