

Fee Policy

As a private practice Licensed Professional Counselor, my fee policy is structured to provide my clients the opportunity to use their mental health benefits provided by their health insurance carrier, or to pay for my services at the time of service with either cash or check.

I am an in-network provider for many of the products offered by Blue Cross and Blue Shield (BCBS) and can file your claim for my service. If you are a BCBS policy holder, you are responsible to pay the required co-pay at the time of service. You may have a policy benefit that requires that you pay a percentage of the set fee established by BCBS and are responsible to pay your set percentage at the time of service. Many policy holders have a deductible that must be met before their insurance benefits become active. If your policy is of that nature, you are responsible to pay my fee at the time of service. I will file your claim with BCBS so that you are given credit for the payment toward your deductible. I recommend that you call your BCBS customer service representative before our first appointment to clarify and verify your Outpatient Mental Health benefits.

If you are a Medicare policy holder and your Medicare supplement provider is BCBS, I am **not** able to process or file your claim since I am not a Medicare provider.

While am not an in-network provider for other insurance carriers, you may be able to file for reimbursement for my services as an out-of-network provider. If you desire to do so, at your request, I will provide you with a statement for services provided with the required information.

Marriage or relationship counseling is not typically a reimbursable health insurance benefit. Self-pay at my normal session rate is required for these services.

At this time the BCBS established fee and allowable charge for my services is \$209.90 per session, based on their service code schedule before discounts. If you prefer to pay with cash or check at the time of service I offer a self-pay discount that equates to a session fee of \$160.00

I will be glad to discuss my Fee Policy with you during my regular working hours.